



The majority of young smokers will admit that smoking is a bad habit that they just can't seem to quit.

But why do it?

The most common reasons for smoking is the due to pressures of every-day life – especially for students with exams and deadlines lurking around the corner. Other influences come from friends or family and you think “if they do it, then it’s okay for me to”.

SAVE YOUR
LUNGS



SAVE YOUR
LIFE

On average, 48% of students admit to having tried a cigarette or do smoke.

That's nearly half of the 1500 students who are attending Thomas Rotherham College.

The majority of these 48% of students will continue to smoke throughout their lives, reducing their life by 10 years, than those who have never smoked.



One cigarette might not affect your life, but the more you smoke the more health you lose.

Life isn't a game, you only get one life. Once that's gone; it's game over.

Which player would you rather be?



Player 1



Player 2